



HEALTH CHECK-UP (VIP)

For customers over 40 years of age, who have a need for advanced examination, check for some high-risk diseases (neurological, digestive, endocrine, musculoskeletal, respiratory), screen a number of cancers.

CATEGORY	SERVICE	MEANING OF EACH SERVICE IN THE PACKAGE	FOR
General Internal examination	HC_General medicine consultation	Assessment of risk factors and lifestyle, clinical examination and conclusion of examination package	Male/ Female
	HC_Vital signs measurement	Assessing height, weight, blood pressure	Male/ Female
Ophthalmological examination	HC_Ophthalmology consultation	Checking and detecting eye abnormalities. Checking suspicion of eye diseases caused by eye dysfunction such as refractive errors, glaucoma, macular degeneration, retinal hemorrhage due to hypertension or diabetes.	Male/ Female
	Tonometry (1 visit)		
	Color fundus photography (2 sides)		
	Measurement of central visual field, scotoma		
Dental examination	HC_Dental consultation	Checking and detecting oral and dental abnormalities.	Male/ Female
	PANOLAMIC FILM (radiology)		
E.N.T examination	E.N.T Technical consultation	Checking and detecting any abnormalities in the ear, nose and throat.	Male/ Female
	Audiometry	Checking hearing ability	
Cardiovascular tests	Cardiology consultation	Offering assessment of risk factors, clinical examination and conclusion of examination package	Male/ Female
	ECG	Exploring electrical activity of the heart, thereby providing information on: - Arrhythmia or cardiac conduction disease - Images suggestive of left ventricular hypertrophy - Image suggestive of myocardial ischemia	
	Ankle Brachial Index (ABI)	Assessing atherosclerosis	
	Echocardiography	An investigation to check heart function and structure	
	NT Pro-BNP / NT pro-B Type Natriuretic Peptide	Assessment of conditions related to heart failure	
Viral Hepatitis tests	HBsAg (Unicel Dxl 800)	Test for hepatitis B virus infection.	Male/ Female
	Anti-HBs (Unicel Dxl 800)		
	Anti-HBc IgG (Unicel Dxl 800)		
	Anti-HCV	Test for hepatitis C virus infection.	
	Anti-HAV IgG	Test for antibodies against hepatitis A virus.	
	Anti-HAV IgM	Test for acute hepatitis A virus infection.	
Liver function tests	AST (GOT)	Assessing the degree of damage of hepatocellular membrane, intrahepatic bile duct epithelium	Male/ Female
	ALT (GPT)		
	GGT/ Gamma Glutamyl Transferase		
	Total Bilirubin	Used to assess liver disorders such as hepatitis, cirrhosis or biliary tract disorders such as gallstones, jaundice due to hemolysis.	
	Direct Bilirubin		
Indirect Bilirubin	Checking for diseases of the liver, biliary tract, bone development (in children, pregnant women...)		
ALP / Alkaline Phosphatase			

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Blood lipid tests	Cholesterol	Assessing the status of blood lipid metabolism, alone or in combination with other blood lipid parameters.	Male/ Female
	Triglyceride		
	High Density Lipoprotein Cholesterol		
	Low Density Lipoprotein Cholesterol		
	Non HDL-Cholesterol		
Kidney function tests	Creatinine (Blood)	Assessing glomerular filtration function, which helps to measure degrees of renal failure.	Male/ Female
	Cystatin C		
	eGFR (estimated Glomerular Filtration Rate) by Cystatin C		
	eGFR (estimated Glomerular Filtration Rate)		
Gout tests	Axit uric	Assessing blood uric acid level, related to gout.	Male/ Female
Blood glucose tests	Glucose	Assessing the status of sugar metabolism, diagnosing diabetes, disorders of blood sugar tolerance.	Male/ Female
	Hb A1C / Hemoglobin A1c		
Hematology	Full Blood Count	Assessing anemia status, inflammatory response of the body, the status of platelets and white blood cells	Male/ Female
Other biochemistry tests	Total Protein	Assessment of nutritional status related to protein metabolism (Total protein, Albumin)	Male/ Female
	Albumin		
	Fe / Iron	Assessment of iron status and storage in the body.	
	Ferritin		
	CK / Creatine Kinase	Assessment of conditions related to muscles, skeletal muscle, cardiac muscle, brain, etc.	
	LDH / Lactate Dehydrogenase	Considering in combination with other test indicators related to tissues throughout the body such as those of liver, heart, kidney, lungs, brain, muscles, red blood cell, etc.	
Pancreatic Amylase	Assessment of diseases of the pancreas and parotid glands (pancreatitis - pancreatic cancer ...)		
Amylase			
Blood coagulation tests	Fibrinogen (Factor I) test, Clauss method	Checking and assessing status of blood coagulation and diseases related to blood coagulation.	Male/ Female
	Thrombin Time		
	General coagulation test - APTT (APTT,R)		
	General coagulation test - PT (PTs, PT%, INR, Fibrinogen)		
Inflammatory marker tests	CRP	Assessment of acute inflammation related to infectious and inflammatory diseases such as bacterial infection, connective tissue disease, myocardial infarction, malignant tumors...	Male/ Female
	ESR / Erythrocyte Sedimentation Rate, automated	Assessment of immunological diseases such as infectious disease - anemia - connective tissue disease; abnormalities of plasma proteins such as multiple myeloma, polycythemia, dehydration, intravascular coagulation will cause slow erythrocyte sedimentation rate.	
Blood group	ABO and Rh (D) blood group type test	Blood typing	Male/ Female

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Rheumatoid arthritis marker tests	RF / Rheumatoid Factor	Assessment of rheumatoid factor (common autoantibodies in rheumatoid patients)	Male/ Female		
Micronutrient electrolyte tests	Total Calcium Ionized Calcium	Assessment of parathyroid functions and blood calcium metabolism.	Male/ Female		
	Vitamin D	Revelation of vitamin D status in the bod.			
	Blood Zn (quantitative)	Quantification of zinc in the body.			
	Electrolyte: - Na+ - K+ - Cl-	Quantification of electrolytes (Sodium, Potassium, Chlorine) in the body			
Thyroid hormone tests	FT4 / Free Thyroxine TSH / Thyroid Stimulating Hormon FT3 /Free Triiodothyronine	Test for thyroid functions. Increase significantly in hyperthyroidism, low in hypothyroidism	Male/ Female		
	THYROID	Evaluating image of thyroid anatomy: size, density, thyroid nodules, thyroid cysts.			
	Urine test	Urine analysis		Providing preliminary assesment served for diagnosis of diseases such as urinary tract infection, suggestion of glomerular damage.	Male/ Female
		Microscopic examination of urine sediment		Assessing status of hematuria, nephritis, cholecystitis, etc.	
Stool test	Fecal Occult Blood	Assisting diagnosis of gastrointestinal bleeding. Proved to be effective in examining colonic cancer, colonic polyps etc.	Male/ Female		
Ultrasound	ABDOMEN	Checking to detect abnormal shape of abdominal organs, detecting abdominal diseases such as liver, gall bladder, pancreas, spleen and kidney diseases.	Male/ Female		
	BREAST	Detecting benignities and malignancies of mammary glands via ultrasound.	Female		
Gastroenterological examination	Gastroenterology consultation	Offering gastrointestinal examination, consultation and conclusion about gastrointestinal diseases after gastroscopy-colonoscopy.	Male/ Female		
	Gastroscopy and Colonoscopy with NBI endoscope, anesthetic	Screening for cancer and precancerous lesions in upper and lower gastrointestinal tracts including: esophagus, stomach, duodenum and colorectum under anesthesia which ease discomfort and pain			
	Biopsy upper & lower gastrointestinal tract (Esophagal, gastric, duodenal, papilla, colon, rectum) by edoscopy	An investigation aimed to confirm presence of gastric cancer and precancerous lesions An investigation aimed to confirm presence of colon cancer and precancerous lesions			
	Helicobacter pylori Ab (test nhanh)	Kiểm tra tình trạng nhiễm vi khuẩn HP dạ dày.			
Osteoporosis tests	OSTEODENSITOMETRY	Assisiting diagnosis of osteoporosis and osteopenia due to aging and menopause	Male/ Female		
Pulmonary function tests	Spirometer	Assessing pulmonary function in gas exchange during inhalation and exhalation. Helping early detection of ventilatory disorders	Male/ Female		
	Chest - Xray (face protection)	Assessing lung diseases and provides image of structures of the heart, blood vessels and other organs inside the chest.			
	THORAX ROUTINE	n/a			
	Low-dose CT scan for lung cancer screening	Helping early detection of lung cancer.			

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Mammography	Bilateral 3D tomosynthesis	Detecting benignities and malignancies of mammary glands via ultrasound.	Female
Obesity tests	Body Fat Assessment by CT	Assessing visceral fat area and metabolic syndrome	Male/ Female
Whole body MRI	Whole Body	Detecting abnormal masses in brain - spinal cord, neck, solid organs in abdominal cavity, uterus - adnexa, prostate, rectum and pelvis tumor. Pros: no radiation exposure. Cons: could not evaluate lesions to bone structure, respiratory system (larynx, airways, bilateral lungs), and gastrointestinal tracts; without contrast media, it could not detect small lesions under 6 mm. However, as far as screening goes, the use of contrast media injection is not advisable due to risk of adverse reaction (allergy, shock). In order to detect lesions early, annual check-up is recommended	Male/ Female
Tumor marker tests	AFP / Alpha - FetoProtein AFP-L3, quantitative Proteins induced by Vitamin K Antagonism or absence	Markers determining the risk of liver cancer	Male/ Female
	PSA.T /Total Prostate Specific Antigen PSA.F / Free Prostate Specific Antigen	Marker of prostate cancer	Male
	CA125 / Cancer Antigen 125	Marker for ovarian cancer.	Female
	Gynecological ultrasound	Conventional gynecological ultrasound	Providing gynecological check-up, detecting abnormalities with uterus, and abnormal masses in adnexas and pelvic region
Mammography	Mammography (4films)	Detecting benignities and malignancies of mammary glands.	Female
Cytological test	Thinprep	Detecting abnormal cell changes and categorizing these changes	Female
Breast and gynecological examination	HC_Gynecology & Breast consultation	Assesing risk factors, examining breasts - pelvic area, consulting and giving diagnosis regarding condition of breasts and pelvic organs	Female
Treatment room	Deluxe room (12h-16h)		Male/ Female

